

Seven Habits of Highly Effective Teens

Grades:	8th (mature) – 12th
Prerequisites:	Students should be able to write a five-paragraph essay
Day of Week:	Tuesday
Time of Class:	11:00 am – 12:30 pm EST
Length of Class:	10 weeks
Semester:	Fall 2020
Tuition:	\$250.00
High School Credit:	.5 English or .5 Elective

Class Dates:

Week 1:	September 15
Week 2:	September 22
No Classes:	September 28 - October 9 (Yom Kippur and Sukkot)
Week 3:	October 13
Week 4:	October 20
Week 5:	October 27
Week 6:	November 3
Week 7:	November 10
Week 8:	November 17
No Classes:	November 24 – Thanksgiving Week
Week 9:	December 1
Week 10:	December 8
Make Up Week:	December 15

Instructor's Name:	Eva Goldstein - Meola
Instructor's Email:	eva@opententacademy.com
Instructor's Skype:	eva.goldstein.meola
Instructor's Phone:	(203) 741-8570
Instructor's Whatsapp:	(203) 741-8570
Office Hours:	By appointment

Description of Class:

Imagine you had a road map – a step-by-step guide to help you get from where you are now to where you want to be in the future. Your goals, your dreams, your plans.... they are all within reach. You just need the tools to help you get there.

Together, the students will explore the timeless principles of the seven habits to the tough issues and life changing decisions teens face. They will learn how to improve self-image, build friendships, resist peer pressure, achieve their goals, get along with others (including parents!) – as well as tackle the new challenges of our time – like cyberbullying and social media. This class will be indispensable for teens!

This is a high school ½ credit English semester. Students will participate in pre-reading, analyzing and post-reading discussions. Students will write informal short essays, formal essays and some quizzes, along with a midterm and final.

Class Approach:

The class will be a combination of reading comprehension, discussion, writing, lecture and projects.

Textbook:

[The 7 Habits of Highly Effective Teens](#) by Sean Covey

https://www.amazon.com/Habits-Highly-Effective-Teens/dp/1476764662/ref=sr_1_2?crid=3PI1FZSTQXXE4&keywords=7+habits+of+highly+effective+teens&qid=1579987639&sprex=7+habits+of+%2Caps%2C163&sr=8-2

Additional Supplies/Resources Needed:

- Spiral Notebook (1 Subject, 100 pages) OR binder with notebook paper
- Pen / Pencil
- Access to computer
- Access to internet
- Access to printer
- Printer paper
- Printer ink

Weekly Homework:

Approximately 3 – 4 hours weekly. This will consist of reading and responding to informal writing (rough draft - journal form) prompts, researching and possible quizzes.

Additional Policies:

One hundred percent effort, honest and politeness are expected in class.

Evaluation:

Exceeds Expectations

Meets Expectations

Not There Yet

Incomplete

NOTE: Letters grades will be provided IF parents request it by week four of the class.

Anticipated Weekly Course Schedule:

Week	Topic
Week 1	Introduction of the Seven Habits What is a Paradigm? Types of Paradigm Principals
Week 2	Personal Bank Account Deposits to Personal Bank Accounts
Week 3	Habit One: Be Proactive
Week 4	Habit Two: Begin with the End in Mind
Week 5	Habit Three: Put First Things First
Week 6	Habit Four: Think Win-Win
Week 7	Habit Five: Seek first to Understand; Then to be Understood
Week 8	Habit Six: Synergize
Week 9	Habit Seven: Sharpen the Saw & Keep Hope Alive
Week 10	Wrap Up Projects and More!